

## **N&RN APB**

### **Health & Well-being Sub-group update**

**15<sup>th</sup> June 2011**

The purpose of this report is to expand on the progress being made on updates in the Area Action Plan.

#### **Teenage Pregnancy**

The sub-group has made significant strategic progress by inputting in to the CWaC Teenage Pregnancy Strategy whereby areas in N&RN have now been included in the areas of focus for further actions. The sub-group has also been involved in the decisions to develop a new mobile phone app specifically aimed at helping teenagers access support in relation to teenage pregnancy.

Weaverham has been identified as the area the sub-group need to focus on as teenage pregnancy has been on a constant increase over the last 8 years however information also shows that teenage pregnancy within the High School has actually been falling with no pregnancies reported for the last two years. Information shows female students are becoming pregnant shortly after leaving High School.

Local provision is very limited; the High School provides a one day per week Health Worker and condom distribution scheme in addition to sexual health lessons; GP surgery's can also provide formation; however the main service is located at Victoria Infirmary Northwich but the distance from Weaverham to Northwich proves to be a barrier. Ideally a more local easily accessible provision would benefit the area and this is now a focus for the sub-group.

The sub-group are also approaching the Ward Councillors for one of them to champion the teenage pregnancy actions.

#### **Lifestyles**

The sub-group, using a Sport England mosaic tool and APB profile, has recently been able to identify key areas where residents take less exercise and possibly have poor diets. The data has also enabled the sub-group to identify specific age and gender groups to target. The main areas of focus fall within the Northwich Town Council boundary with the addition of Rudheath.

The sub-group are currently mapping the identified group data against current provision and will then be able to; promote activities currently available; influence the change of activities currently on offer, identify possible new activities needed.

#### **APB Decisions**

- To endorse the spending of £500 to develop and use the teenage pregnancy mobile e app in the N&RN area.